



**Children's
Commissioner**

for Jersey

Promoting and Protecting
Children's Rights

RIGHTS RESPECTING SCHOOLS CHALLENGE

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Article 1. All children have rights. Draw a picture to celebrate children's rights

Article 31. You have the right to rest and play. Spend 20 minutes doing something you enjoy

Article 12 You have a right to a voice. Talk to another person at home about your opinion on an environmental issue

Article 17 You have the right to information. Find out a fact about something that interests you

Article 24 You have the right to be healthy. Do 10 minutes of exercise at home

A NEW CHALLENGE EACH DAY!

PRINT OUT A COPY OF THE TASKS AND TICK WHICH DAY YOU COMPLETED EACH CHALLENGE ON!